

BIOFREEZE PACE TEAM



Our pace team program is designed to help you reach your time goals. Our pace team members are veterans who know the course well and have the experience to help you finish the TCS New York City Marathon at your desired goal.

Wave Start 1 9:50 a.m.

PACER'S PREDICTED FINISH TIME	START VILLAGE & CORRAL
3:00	Corral B
3:05	Corral B
3:10	Corral B
	Corral C
3:15	Corral D
3:20	Corral C
	Corral F
3:25	Corral D
	Corral E
3:30	Corral C
	Corral D
	Corral E
	Corral F

Wave Start 2 10:15 a.m.

PACER'S PREDICTED FINISH TIME	START VILLAGE & CORRAL
3:30	Corral A
3:35	Corral B
3:40	Corral C
	Corral D
3:45	Corral B
	Corral C
3:50	Corral A
	Corral F
3:55	Corral B
	Corral C
	Corral D
4:00	Corral F

Wave Start 3 10:40 a.m.

PACER'S PREDICTED FINISH TIME	START VILLAGE & CORRAL
4:00	Corral A
	Corral C
	Corral E
4:05	Corral A
	Corral F
4:10	Corral B
	Corral C
4:15	Corral E
	Corral F
4:20	Corral A
	Corral B
4:25	Corral C
	Corral D

Wave Start 4 11:00 a.m.

PACER'S PREDICTED FINISH TIME	START VILLAGE & CORRAL
4:30	Corral B
4:35	Corral C
	Corral D
4:40	Corral E
4:45	Corral F
4:50	Corral A
4:55	Corral B
5:00	Corral C
	Corral D
	Corral E
5:15	Corral A
5:30	Corral B
	Corral C
5:45	Corral D
6:00	Corral E